

RESERVE YOUR SEAT TODAY!

SMART Talk

Homestead Rehabilitation Center offers FREE presentations by local experts. Enjoy tips, takeaways and time for questions all inside of 60 minutes! Presentations start at 5:00 p.m. at Homestead Rehabilitation Center, located at 4735 South 54th Street (at the corner of 54th and La Salle). Enter at the new Therapy Entrance at the south end of campus. Seating is limited so **reserve your space today!** Contact Eldonna at Homestead Rehabilitation Center:

PHONE/TEXT: (402) 560-1366

EMAIL: frd@HomesteadRehab.com



TREASURE OR TRASH

Tom Bassett appraises your antiques.
Tuesday, August 8, 5:00 p.m.
1 Item Per Person, Pictures OK



BRAIN HEALTH

Reduce your risk for cognitive decline.
Tuesday, October 3, 5:00 p.m.
Clay Freeman, Alzheimer's Association



HEALING THROUGH ART

Painting supplies provided.
Tuesday, August 15, 5:00 p.m.
Anna Alcalde, Urban Legends Art



RIGHTSIZING WITH EASE

Navigating a move later in life.
Tuesday, October 17, 5:00 p.m.
Jeannine Bryant, Changing Spaces SRS



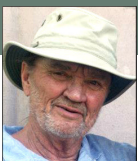
GET SMART ABOUT SCAMS

Senior Anti-Fraud Education (SAFE)
Tuesday, August 22, 5:00 p.m.
Ryan Sothan, Nebraska AG's Office



FACEBOOK 101

Who, What, When, Where, Why?
Tuesday, October 24, 5:00 p.m.
Diane Siefkes, dkSolutions



ALL ABOUT BIRDS

Learn about backyard feeding & birding.
Tuesday, September 12, 5:00 p.m.
Dave Titterington, Wild Bird Habitat



5 WISHES

Free Advance Directive handbook.
Tuesday, November 7, 5:00 p.m.
Rhonda Saunders, Hospice Community Care



MY KIDS DON'T WANT MY STUFF

Make memories they'll want to keep.
Tuesday, September 19, 5:00 p.m.
Judy Shutts, Voices in Time



COOKING SHOW @ GRADUATE

Join us at the Graduate Hotel
Thursday, November 9, 4:00 p.m.
4:00 Doors Open; 7:00 Cooking Demos



MEDICARE 101

Learn the ABCs of Medicare.
Tuesday, September 26, 5:00 p.m.
Arnette Garris, Thrivent Financial



SMART PHONE/TABLET 101

Bring your device for hands-on help.
Tuesday, November 14, 5:00 p.m.
Teena Morgan, A Wireless



Rehabilitation | Extended Care | Memory Support | Respite | End of Life Care
402.488.0977 | 4735 S 54th St. | www.HomesteadRehab.com | Equal Opportunity Employer

