

Before Surgery Checklist

Arrange your post-surgical therapy before surgery. Tour area facilities and meet with staff. Ask questions to make sure they offer:

- Assessment within 24 hours of admission
- All therapies: physical, occupational and speech
- Therapy 7 days a week
- Home training stations for your return home
- In-home visit assessment prior to your return home
- Onsite, full-time Nurse Practitioner
- Outpatient therapy

Inform your employer of your surgery. You may have special restrictions that you and your employer need to plan for when you return to work.



Prepare your home areas to be accessible and that that no obstacles are encountered after surgery. Remove loose rugs, cords and other tripping hazards.

Arrange transportation to surgery and from physical therapy prior to your surgery.

Check with your insurance provider if you have any questions about your co-payment or deductible. Verify the facility accepts your plan.

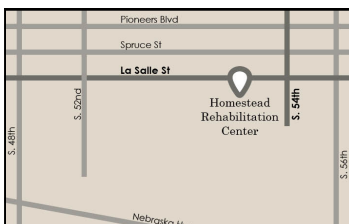
Talk to your doctor about how to take your medications before surgery.

Call the surgery center and physical therapy facility the morning of surgery to confirm your scheduled surgery and expected arrival.

Wear comfortable, loose-fitting clothes. Pack clothes for six days and your favorite personal care items. Leave jewelry at home.

- Physical, Occupational & Speech Therapy
- Therapy Gym Open 7 Days a Week
- Therapy Assessment Within 24 Hours of Admissions
- Outpatient Therapy
- In-home Care Coordination
- Speed Recovery & Improve Function with Estim, Diathermy and Ultrasound
- Fall Prevention & Home Assessments

- Onsite Nurse Practitioner
- Onsite Laboratory & Radiology Services
- Medicare/Medicaid, VA, Managed Care, Insurance, Private Pay
- Peaceful, Neighborhood Setting
- Tours Daily
- National Recognized for Quality Care
- Complimentary Massage for Therapy



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